



KDUK Newsletter

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18th January 2026

*The future belongs to
those who believe in
the beauty of their
dreams-Eleanor
Roosevelt*

Happy 2026 KDUK!

Dear members and supporters,

As we welcome the new year, we also take stock of the year that was 2025 for KDUK.

It was a year of great leaps in the chapter of the association as we develop.

NOTICEBOARD:

- 1) On 5th September we successfully launched the KDUK website. The website features an exclusive KDUK members login section which you will be able to access all our previous newsletters among other resources.
- 2) The executive team invites nomination of candidates in leading the association. More information on the roles is available on our website:
<https://www.kenyandoctorsuk.com/elections>
- 3) We would like to express our sincere condolences to the family of the late Dear Dr. Winnie Mwebia.
We also send our heartfelt condolences to all other bereaved members of our association.

FELICITATIONS!

Our esteemed colleagues have cause to celebrate the year 2025 for outstanding achievements!



Dr Chris Okumu who has become a certified international mediator and arbitrator. Dr Okumu, formerly a locum consultant physician in internal and geriatric medicine, now works as a medico-legal consultant at JP Law International, where he is also a founding co-director.



Dr Francis Githae Muriithi, who has been awarded a Doctor of Philosophy (PhD) in Global Maternal Health at the University of Birmingham.



Kimberley Ogembo who completed an MSc in Health Policy Planning and Financing from LSE and LSHTM in 2025. Kimberley is a dentist currently registered as a dental therapist.



Dr. Dorcus Muchiri who has been awarded an MSc Translational Health Sciences, University of Oxford.



Dr. David Odhiambo who has been awarded as MBA, Management and Operations, University of Oxford.

New of Members of the Royal College of Obstetricians, & Gynaecologists (MRCOG):



Dr. Stephanie Chianda, MBChB, MRCOG and,



Dr. Edwin Maogoto, MBChB, MMed ObGyn (UoN), MRCOG

RECENT APPOINTMENTS



Dr. Gathoni Kamau has been elected as the Wales SAS chair for Royal College of Psychiatrists (RCPSYCH) for a 4-year term.



Dr. Jitendra Siyani has achieved his Certificate of Completion of Training (CCT) in Emergency Medicine "Huge thanks for KDUK group for celebrating this milestone with me! I have officially CCT'd in Emergency Medicine. It's a dream come true to reach this point in my career here in the UK. I look forward to serving with passion and hope to inspire fellow Kenyan doctors in their own training journeys. Asante sana!"

EVENTS



We had a memorable annual meeting which was held in Cardiff on 5th Sept 2025.

Thank you for all the organisers, guests, and supporters for making it a successful event.

This year's annual meeting will take place in the historic city of Manchester. We invite members wanting to be part of the organizing committee to contact Dr. Nick Milai.



We were honoured with an invitation and representation at the GAPIO conference, 2025 Nairobi, Kenya with our chairperson Dr. Emily Cheserem and member Dr. Ahai Luvai attending (pictured). This is a great partnership for the association, and we look forward to enhancing the trend.

WEBINARS

We had a vibrant and informative webinar calendar.

Thank you to all the presenters and participants for the professional input and guidance during the sessions.

We encourage attendance and contributors of the 2026 sessions. The calendar will be shared soon.

18/01/2025	Family law and asset protection - Olive Gathoni, partner at Keystone Law
15/03/2025	A career in Psychiatry- Dr. Gathoni Kamau
10/05/2025	Navigating finances - Mark Motondi, accountant
10/05/2025	A career in Gastroenterology- Dr. Alvin Ochieng
05/07/2025	AI and Medicine How AI will affect the medical workforce & training. Dr. Eve Coates
27/12/2025	End year review- Executive team

Wishing you all a hearty and prosperous 2026 focusing on keeping well.

The Newsletter will be uploaded on the members only page available to access for members of the association.

Acknowledgements: Executive team Drs:

Emily Cheserem, Omar Tayari, Nick Milai, Stephanie Chianda, Francis Muriithi and Gathoni Kamau

Newsletter team: Ernest Njuguna, Charles Opondo, Maggie Gatumu and Stephanie Chianda.